

Qualities of Saint with Reference to Saint Tukaram's Poem "He Who Identifies"

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Abstract

Saint is a person who is always kind and merciful. He should not think himself to injury others. His disposition is forgiving towards all living entities. He is free from all envy and jealousy. He dedicates his time to work for the welfare of others. He has controlled his senses. He has conquered over the six material qualities- namely hunger, thirst, lamentation, illusion, old age and death. His intelligence is never bewildered by material desires. His behaviour is always pleasing and never harsh to anyone. He is free from possessiveness. He is perfectly understand that the ordinary religious duties prescribed by in various Vedic scripture possess favourable quality ultimately renounces such as ordinary religious duties and worship. There are four pillars of divine life Meditation, purity, and love righteousness. Saint has one eye fill with blessing and another eye with peace. He considers orphan son as his own son. His is thus considered to be the best among all living entities.

Key Word: Saint, forgiving, happiness, meditation renounce, worship

Introduction

The term Sant is a Sanskrit word which differs significantly from the false cognate "saint". Traditionally Sant referred to devotional Bhakti poet- saints of two groups: Vaishnava and a group that is referred to as sagun Bhakti.

Guru purnima is the first Guru was born. Once upon a time, Shiva attained and went into intense ecstatic dance on the Himalayas. When we say Shiva, the Yogic culture, we do not refer to him as a God. He is seen as the Adiyogi, or the first Yogi.

What are other words for saint angel, priest, glorified soul, loved one, star, good person, holy being and paragon of virtue?

Quoting Swami Swami Sivananda, Who is Saint? He who lives in God or the Eternal, who is free from Egoism, likes and dislikes,

selfishness, vanity mine-ness, lust, greed and anger, who is endowed with equal vision, balanced mind, mercy, tolerance, righteousness and cosmic love and who has divine knowledge is saint.

Saint and sages only can become real advisors to the king, because they are selfless and possess the highest wisdom. They only improve the morality of the masses. They alone can show the way to the eternal bliss and morality. Saint Tukaram had given advice to Chhatrapati Shivaji Maharaj as well as Maharshi Vasistha was adviser of king Dashratha.

Qualities of saint denoted by Saint Tukaram in the following lines:

He who identifies
With the battered and beaten
Mark him as a saint
For God is with him.¹

Enlighten being not come to gain money, power, fame or possession. They came to share news that God exists and that each of us is part of God. We have forgotten our connection with God. The home of God is place of eternal peace, love and bliss. God sends Saints and Mystics to the world to bring separated souls back home so we can eternal in the lap of God.

The assignment is a selfless one. The true saint and masters nothing for themselves. They are here at the will of God to serve for people. Their job is to find separated souls and put them in touch with God. How do they do this? They awaken our sleeping soul by opening our inner eye and ear to see and hear the light and sound of God within. They put us in touch with the divine current of light and sound.

Saints who have come throughout the ages share quality of selflessness. They have within them a love for all humanity and desire to serve, wanting nothing for themselves. Saints consciousness is so immersed in God. That they need nothing for themselves. They are ready to sacrifice everything for God's children. We have seen that selflessness in the life of Jesus Christ. We also see it in the lives of every Saint who graced this world. We saw it in modern times in the lives of Saint Tukaram, Saint Ramdas Swami Shivanand Sarshawati. Quality of saint is as said by Saint Tukaram as follows:

The good man's, mind
Is soft outside
And soft inside

Say it is like butter (Says Tuka)

Just see the above line suggested that it is a question of quality of communication. How

many days you are here is irrelevant. You may be here only after one day but if you are with self and happy and celebration that's enough. That will change your whole life. Your communication is soft inside and outside. It is just a change of gear inside the energy. It happens to everybody when you move from wakefulness into sleep but you have become aware of it. That's all. It is good sign of awareness of something suitable for you. It is just like changing gear in a car. Whenever you go from wakefulness that changes happiness. Whenever you go from dreaming to non-dreaming sleep, again the gear changes. By and by, if you become really perceptive and aware, you Will fill that a mood changes. There is small click can almost be heard.

You are angry then anger goes. Your whole mechanism has to change. Because for anger the whole mechanism goes into different type of working when it gets ready for being angry the mechanism prepare for fight. When anger goes, again in mechanism relaxes to the normal state of affairs and the gear changes. It changes with every emotion. From walking to sleep. One becomes aware more easily. Then you become aware of the second- moving from sleep to waking.

It is more difficult than the first. Because you are sleep you cannot feel the jerk so easily unless you become a little aware in your sleep. Then you will fill third gear that changes in moving between dreams and not dream and then forth which changes when moving no dream to dream. And so on and so forth.

You will become aware that anger, love hatred, jealousy all have a small mechanism

inside you, and whenever one of them function, the body manages in different way. So saint manages in different way. So saint is free from all vices so his communication is soft inside and outside just like butter.

In another way Saint Tukaram says Qualities of saint in the following lines:

He holds
Every forsaken man
Close to his heart
He treats
A slave
As his son (Says Tuka)

Qualities of saint expressed by saint Tukaram in above stanza. It is not easy to call slave as his son. Character of saint is different from common people. To be good character means that one's habit, action and emotional responses allure united and directed towards moral and the good.

A more detailed definition of character: being of good character can be found in three facets of disposition, desire and tendencies having steady and permanent disposition to what is right to refrain from doing what is wrong; having morally desirable wishes, purpose of goal and having the tendency to response emotionally towards things in morally appropriate²

Our spirit in this context is defined the essence of who and what we are, it's the truth what we are. It's our capacity to see that our lives are not simply day –to –day, that we are here for the purpose of being here to accomplish something. It is also our connectors to something larger than

ourselves, the experience of feeling we are all connected. Many people will turn to a higher power and it could be a God higher force or Mother earth. When people have a higher purpose in mind, living a life of passion and connectors has endless possibilities when people are alighted with a sense of purpose, their values, their true self, they are existing in a different way As Pierre Teilhard Chardin Stated:

“We are not human being a spiritual experience,
we are spiritual being having a human being”

Mind, body and spirit means that our well-being comes from not just physical health, but from mental health and spiritual health as well. To be healthy, we must pay attention to all three aspects our nature, mind, body and spirit.

Conclusion:

The symptoms of a saint are that he is tolerant, merciful and friendly to all living entities. He has no enemies, he is peaceful, he abides by the scripture, and all his characteristics are sublime. A sober person who can tolerate the urge to speak, the mind's demand, the action of anger and the urge of the tongue, belly and genitals is qualified to make disciples all over the world. Thus Vedic standard, someone who engages in any form of violence towards any living being, deception, theft, lust or materialistic, can never be called a saintly person. Only those who possess the above saintly qualities can be accepted as Saint, Swami/ Guru or Prophet of God. One should only hear and learn religious values from saintly person.

References:

- 1 Chitre Dilip, *Says Tuka*. New Delhi: Penguin Book of India, 1991.
- 2 Ashely Benedict, and O'Rourke Kevin 1997. *Healthcare ethics: A theological analysis*, Washington DC: Georgetown University Press. (Google Scholar)