

ukxnjoMh xkorky efgyk o ik.kyW {s fodkl dk; De

ik I kalyh cGijle okGijMs¹

Lkg; d i/; ki d]

Lkelt d' kL= s l dly]

ep: bZ fo | ki hB] ep: bZ

MW?ku%; le ; G.k²

Lkg; kxh i/; ki d]

Lkelt ' kL= foHkx]

Lokh jkekum rFkZ ejkBoMk fo | ki hB] ukxM

'kdfucdkk xksojyk

egjik'Vkrhy ntdkG fuokj. kkl kBh ik.kyW {s fodkl dk; De , d iHkkoH l kku Eg. kq jkcfyos tkr vkgS gk dk; De ykdl ghkxkru jkcfyok tkrS ; kr efgykqgh egRo i wZ ; kxnu vkgS xkorky ik.kyW {s fodkl dk; De lP; k ; ' kke/ ; s efgykR ; k l ghkxkph enr >kyh- i . k ; kru efgykuk dk; l / ; >kyS? T ; k Hkxkyk l rr ik. kh VpobZ o ntdkGpk l keuk djok ylxrs R ; k Hkxkry fl= ; kxk vk ; q ; Hkj ik . ; kl kBh o. ko. k HkVdkos ylxrs fi r l Rrkd 0 ; oLFks fi . ; lP ; k o ? jxqth oki jkl kBP ; k ik . ; kph tckcnkjh fl= ; kq l ki oysy vkgS i . k ik . ; kps ekydh gDd R ; kxk d/ kgh feGkys ukghr- ; k ' kdfucdkkru ukxM ftYgOkry ukxnjoMh xkorky ik.kyW {s fodkl dk; De lP ; k ; ' kpk vk<kok ?kyk vkgS r l p tyl dkj . k dk; De kry fl= ; kpk l ghkx o ; kru >kyW ; k ykHkps eW ; eki u dsys vkgS

itrlouk &

egjik'Vkrhy ejkBoMk foHkx gk dkyMokgw Hkx Eg. kq vkg [kyk tkrS ekxy dkgh o' kkl u ; k Hkxkyk l rr ik. kh VpobZ o ntdkGpk l keuk djok ylxr vkgS r l s ilfgys rj ejkBoMkry ntdkG gk ekuofufeZ vkgS ntdkGkefS xteh. k xjhc ykdkps thou gjiGm fu?kyS vkgS v' k ; k Hkxkry ntdkGkoj ekr dj . ; kl kBh ' kkl u ugeh vYidkyu mik ; kstukoH Hkj nrs l t l s dh] ejkBoMk njo' hZ ik. kh VpobZ nij dj . ; kl kBh VmJus ik. kh ijoBk dsk tkrS ntdkGxLr Hkxkyk VmJus ik. kh ijo. ks gk dkgh ijd k o ; k ; mik ; ukgh ntdkG fuokj. kkl kBh Bld ikoys mpy. ks vko' ; d vl rkr- ikol kGOk iM. k ; ikol kps ; k ; 0 ; oLFki u u dY ; kefS ejkBoMkry cgrk Hkxkr ik. kh Vpobh l eL ; k tk. kors ' Scarcity of water has arisen mainly due to scanty rainfall, lack of conservation of rain water, excessive use of water in crop irrigation and maximum withdrawal of groundwater without equivalent recharge of water.' (Narwani 2005) ejkBoMk njo' hZ plxyk ikAl iMris i . k iM. k ; ikol kps l d/ kZ

dsys tkr ukgh- ikol kGOk iMysy ikAl okm tkrS vkr. k mlgkGOkki ; r Hk& i' Bkojhy ik . ; kps ck' iHkou gkAu un] ukys o ryko dkyM iMkr- ik. kh tfeuhr ejfo . ; lP ; k ; k ; i) rhpk voye u dY ; kefS ikol kGOk i j i j f l Fkrh fuelZk gks vkr. k mlgkGOk ik. kh VpobZ tk. kors

vkiY ; k orZku dkGkr HkM ko. k ; k l eL ; kl kBh HkrdkGkyk dkj. kHkr Bjok ; ps vkr. k R ; k l eL ; o j Hko" ; dkG mik ; ' kksy ; k vk' kus orZku dkGkr l eL ; dMs fuf" 0 ; o rVLFki . ks c?k . ; kph , d ekuf l drk ykde/ ; s : tysy vlrs l eL ; d kBh HkrdkGkyk dkj. kHkr ekum nsk ns ; ki f k o Hko" ; dkGkoj voye u u jkrk orZku drhyk egRo nAu R ; kr ifjorZ ? Mow vk. k. ks xjtps vlrs gk fodkl kpk [kj ekZ vl rks ntdkG fuokj. kkl kBh tyl dkj . k dk; De , d iHkkoH l kku vkgS ik.kyW {s fodkl dk; De lP ; k ek/ ; kekru Xkolkokr tyl dkj . k dk; De jkcfyos tkr vkgS- ' A watershed (or catchment) is a geographic area that drains to a common point, which makes it an attractive unit for technical efforts to conserve soil and maximize the utilization of

surface and subsurface water for crop production.’(Kerr et.al. 2002) gk dk; ðe d0G ik.khVpk0zj ekr djr ukgh rj , dkrRed xteh.k fodkl koj Hkj nrsks

‘kkrfucalhpsegRo &

ejiBoM0kr ekxhy digh o’kr ik.kyW {ls fodkl dk; ðe gkrh ?rrys xsys ;k dk; ðel0k eq; grw i; k0j.k Ij(k.k tjh vlyk rjh ;k dk; ðel0k; k ek/; kekrw LFWud Lemk; k0k I0G dj.; koj Hkj fnyk xsyk vlgS i; k0j.k o u\$ fxbI I0 k/kuk0k iuftr0r dj.; kl k0hpk gk , dkrRed fodkl dk; ðe vlgS uk0M ftYg0krhy ukxnj0Mhrhy xkod0; k0h vkiY; k ik.; kph xjt vlgS [k0 , df=ri.ls dke dj.; kps Bjfoys ;k xkokrhy yk0k0h ik.; kl k0h ek0h pGoG mHh dsyh- Xkokr 1999 rs 2003 ;k ikp o’kr ik.kyW {ls fodkl dk; ðe jkfo.; kr vlyk- uk0M ftYg0krhy ukxnj0Mhrhy xkokrhy ik.kyW {ls fodkl dk; ðelP; k ; ‘kpk vk0k0k ;k ‘kkrfucal0krw ?r-ryk vlgS R; kpcj0k; ;k dk; ðekrhy fl=; kpk IghM0xgh vH; kl yk vlgS dkj.k firI Rrkd 0; oLFkr fi.; k o ?kjx0h okijl k0hP; k ik.kh 0; oLFki ukph tckcnkjh fl=; k0jp Iki0y0h vLY; kus fl=; k0k vk; 0; Hkj ik.; kl k0h o.ko.k HkVdkos ylxrs R; ke0S fl=; k ;k dk; ðekr IghM0x >R; k-

‘kkrfucalhpsmnn’l &

- 1- ik.kyW {ls fodkl dk; ðekps egRo Li”V dj.ls
- 2- ik.kh IeL; k] fl=; k o xteh.k fodkl ifdz; k ; kpk vH; kl dj.ls
- 3- ik.kyW {ls fodkl dk; ðekrhy efgyl0s ; k0nku Iet0 ?sks
- 4- ik.kyW {ls fodkl dk; ðelP; k yHk0ps eW; ekiu dj.ls

ukxnj0Mhrhy efgyk o ik.khVpk0h IeL; k &

uk0M ftYg0krhy yk0k rky0; kr ukxnj0Mhrhy gs xko olys vlgS uk0M ftYgk eq; ky; kiki 55 fd-eh-

rj yk0k rky0; kiki 15 fd- eh- varj0j gs xko vlgS gs xko ekG0k0Gh xkeipk; rh varx0r ;rs ekGj0kr olys0 gs xko ‘kl dh; ; kstul0k0k0 of0r vlgS njo”kz pl0kyk ik00I iM0ugh xkokr rhoz ik.khVpk0z tk.kor gkrh- xkokr fi.; kl k0h ik.kh u0grs Eg.k0h yk0k0k ‘k0k0P; k jeus0Mh xkokr0 ik.kh vk.k0s ylxr vls xkokrhy efgyl0k njj0t 3 fdeh pkyr tk00 M0xj p<w jeus0Mh0g0 ik.kh vk.k0s ylxr gkrS v/; kZ jLR; kr Fk00w Fk00h foJ0rh ?k00u i0gk ik.; kps Hk00s M00; koj mpy0 vk.kr vlr- mt0k0G0kr f0fgj0ps ik.kh [k0y tkr vLY; kus xkGk0p ik.kh fi.; kl k0h okijr vlr- v0k0Ghyk rj ik.kh feG.ls vo”M gkrS jk=hl 0k ik.kh Hkj0s ylxr gkrS xkokr v00j vlyS dh gsk0kjH Hk00.00 f0ghj0r iM0 >kysy vi”kr v”kk j0tP; k tx.; kP; k vut0k0kr0 vkiyk ik.; kpk izu fdrh x0k0j vlgS; kph tk.k0 yk0k0k gk0w ylx0h Eg.k0h ik.; kl k0h d0ghrjh dj.; kps xkokus Bjfoys

xkokrhy Ij0p c0c0j0 d0s Eg.k0ys dh] xkokrhy yk0k0h ik.; kl k0hph o.ko.k vkt0kt0; k I0z xkokuk ekgr gkrh- R; ke0S xkokrhy efgyl0k yxukl k0h d0sk0gh efgyl0k |k; yk r; kj u0grs n00k0Gh xkokr efgyl0h fnyh rj frykgh vk; 0; Hkj ik.; kl k0h o.ko.k HkVdkos ylx0y ;k fHkrhus d0sk0gh xkokr efgyl0h nr u0gr0; myV xkokrhy efgyl0h yXu d: u us; kl k0h r; kj gkr0 dkj.k xkokrhy efgyl0h gh d”VIGw Eg.k0h vlgS [kyh tk; ph-

xkokrhy r#.k efgyl0k0h ik.kh Hkj0s ylxr vLY; ke0S R; k0k i0kZ fnoI ik.kh Hkj.; krp tkr gkr0 o R; ke0S R; k0k f”kdk; ykgh feGkys ukgh- ik.; kP; k o.ko.k0e0S efgyl0k/; s v”kDri.kk] ik0] eku o M0k0s0k0h gs rj j0t0p =kl cuys gkrS ik.kh M00; ko: u ok0w ok0w efgyl0h o efgyl0k; k M00; kojps d0 xG0w VDdy iM0ys vlgS M00; kojps VDdy gs R; k0; k Ikel0td 0; DriR0k0k Hk0x cuys gkrS ukxnj0Mhrhy efgyl0k; k M00; kojps VDdy gs d”VIG0i. k0h fu”kk.kh Eg.k0h R; k0; k Ikel0td] vkrf0z ‘k0k.k0ps , d ifrd cuys gkrS

, dmfjr xkokus vkiY; k ik.; kph xjt vK[G[au
, df=ri .ls dke dj.; kps Bjfoys xkokus ik.; kl kBh ekBh
pGoG mHh dsh- ik.kh izukoj ekr dj.; kl kBh
, dtW >kys vkiY; kl kj [ls vkiY; k ey/kpgh vk; q;
ik.; kP; k o.ko.khr fu?m tkbzy ; k fhkrhus ik.; kl kBh
dkghrjh dj.; kl kBh isjr >kys xkokrhy ckcjko dms
; kah lkeltd dk; kpa if'k{k.k ?ksysys gks R; kah
ykdak , d= d: u xkokpk fodkl dj.; kps Bjfoys
fcykyh rkyd; krhy , d l dkhkoh l bFk ^l ddrh
l d/ku eMG* ; k; k enrus xkokr ik.kyW {ks fodkl
dk; De jkfo.; kps Bjfoys l ddrh l d/ku eMGkps
v/; {k iekn nskeqk ; k; k ekxh'kuk [kyh xtelHks
xkokr bMks teu ik.kyW {ks fodkl dk; Dekyk eadgh
fnyh- l okh ; k dkekr gkrHkj yko.; kps Bjfoys ; k
l bFks ukcMz o vgenuxjP; k okWj'kM vMkzko> s ku
VLP; k l gdk; kus gk izYi jkfo.; kps Bjfoys ukcMps
80% vkfkd l gdk; l o 20% vkfkd ; kxnu
xteLFk; k Jenkru dj.; kps Bjfoys ukxnojMhr
dk; DeP; k ; 'kloh; rd kBh l ddrh l d/ku eMG ; k
l bFks l ghkxh nf'Vdkaupk okij dsh- ik.kyW
dk; Dekyk xteLFk; k dS kY; kpk o Klukpk okij d: u
dk; Deph mi; Drrk o {kerk ok<ok; ph gsrh-
xteLFkagh l kelbd gsrh kBh l oz tcknkjh
l kenk; di .ls mpyyh- Xkokr foBBY : fDe.kh ik.kyW
l ferh ueyh R; kr 30% tkxoj efgyauk ik/W;
ns; kr vkys fl=; k fi .; kP; k o ?kxrh ik.kh okijP; k
o; oLFki d vIY; kus R; kauk ; k dk; Dekr i&cdkj
ns; kr vkyk

ukxnojMhrhy ik.kyW {ks fodkl dk; De o efgyauk l ghkx &

Xkokr 1999 l kyh tyl akj.k dk; De l q dj.; kr
vkyk ik.kyW {ks fodkl dk; DeP; k ifgY; k
VII; kiki u Eg.ktp l ghkxh xteh.k eW; eki u
(Participatory Rural Appraisal) ; k iki u
dk; Deph l q okr >kyh- xkoknnyph ik' oBkeh
l kelftd] l kdfrd] vkfkd o Hksky

d ifjlfkrhpk vH; kl d: u vko'; d rh ekgrh
feGork vkyh- fofo/k if'k{k.k dk; De] {kerk clak.kh
0; Drheko fodkl ; kiki u dk; Deph l q okr dsh-
dk; Dekr tklrhr tklr efgyauk l ghkx ok<fo.; kl kBh
oxoxGs if'k{k.k f'kchjs pkyfoyh- Indo-German
watershed development project tried to give
equal priority to women's development. It
tried to strengthen women's participation in
decision making, and financial security by
wages and forming Self help groups.
(D'souza, M. 1998) Hktuh eMGkP; k ek/; kekr
efgyauk isjr dsh- xkokr l ddrh l d/ku eMGkus
r#. kah kBh fd'ksh oxz pkyfoys R; kr
efyauk f'ko.kdkeps if'k{k.k fnyx xkokr , dwk 5 cpr xVlph
LFki uk dsh- ; k cprxVP; k ek/; ekr
xkokrhy fofo/k izukoj pplz dsh-

dk; Depk vkjk [Mk r; kj dj.; kl kBh ykx.kjs imz
l o{k.k imz >ky; kuaj] xkodl; k; k l aerus izYiP; k
dkekyk l q okr >kyh- ukxnojMMP; k Mka;kr ik; Fk rs
ekfk iM.ku; k ikolP; k ik.; kP; k iR; d FlakFkcpk
okij dj.; kpk fu'p; dsh- 2000 l kyh 200 gDVj
tfeuhj ikol kps ik.kh vMow tfeuhr ejfo.; kl kBh
l hl h/h cufoys xkoifjkr ykdM cmh] pjkbz cmh
vnsk ylxw dsh- nd u; k o'kz itgk 200 gDVj
tfeuhj dke dj.; kr vkys vls , dwk 1014 gDVj
tfeuhj gk dk; De jkfo.; kr vkyk- xkokyxrP; k
l kelbd tfeuhj o xkodl; k; k tfeuhj gk dk; De
jkfoyk- R; kr tyl akj.kP; k fofo/k i) rhpk okij
dsh- xsk- l hl h/h] clak] cakj; pcdM] ekrhckl
ukykcMx] ukyk l jGhdj.k ; k i) rh okijY; k
'Watershed development is a technical
intervention that works by capturing scarce
rainwater and improving the management of
soil and vegetation. Rainwater is trapped and
harvested with ridge to valley bases in order
to make water available year round to all the
people living in a particular area.' (Pandit
2010) ; k l oz dk; Dekr efgyauk l eku l ghkx

gk; k- efgykah loz Jekr iq "MP; k cjk; jhus dke dsys
R; k ekcnY; kr efgykah Ieku orugh feGkys
ik.kyV/e/; s dke djrkuk efgykah cu; kp vMp. khaik
I keljs tkos ykxys efgykah I kxrys dh] ?kj dkeP; k
tckcnk; k I kkkGm ik.kyV/P; k dkekyk tkos ykxv
v l s i . k dkekp esRo o Hkfo"; rhy Qk; ns y {kr ?k
vEgh loz tckcnkjh floodk: u ik.kyV/e/; s vkiys
I a w k ; k nku fnys

ik.kyV/ dk; DkP; k fuferrkus efgykah I kozfud {sk-
dke dj.; kph I dh feGkyh ik.kyV/ I ferhrm efgyk
xte fodkl krhy fu. k; i f; s I ghkxh gkoy ykxY; k-
cprxVP; k ek/; ekrm vlf. k xkel Hkrm I kozfud {sk-
idsk djrk vkyk- fir l Rrkd 0; olFkr I kozfud {sk-
(Public sphere) gs QDr iq "k; k ekydhs ekus
tkr]s rfs vkt fl=; k ik.kyV/P; k ek/; ekrm xkoP; k
I kozfud thoupk Hkx cuY; k vkgs- gk R; k; k
thoukr >kysy ekBk cny vkgs xkokrhy efgykah
vki yk vutko I krkuk EgVys dh] i dh efgyk ?kjckg
QDr efgyk Hktuh eMG] ik.koBs b- fBdk. kph fnl r
gk; k- vkrk xkokrhy i k; 'kGk] 'kfo'k; d f'kchj]
jstxkj eGkok] xteobm eGkok] cpr xv v'k fofo/k
dk; DkP; efgyk vki yh miflFkrh ukmforkr-

xkod; k; k fo'kkr% eghak o efgykah fi.; P; k
ik.; kI kBh o.o.k HkVdkos ykxv ukgh- vkt xkokr
ijj k ik.kh ijgoBk gkr vkgs dG ikp o"kr
ukMZMm feGky; k vupkP; k I gk; kus o I d'r
I w/k; eMGIP; k enrus xko cnyys vkgs

elrh vlgEg.k 'ksh vlg}

ik.kh vlgEg.k thou vlg

; k chn okD; kus ukxjokMh gs xko , d vkn'kz ekMly
cuys vkgs ukxjokMh; k ; 'kph n[ky vehj [ku
; k; k i f l) 'l R; e; t; r; ; k ngn'kz o j i l k j r
>ky; k ekfyds ?kr yh ; k ekfydB; k ik.kh iz ukojhy
Hkxkr ukxjokMhps R; koGps ; okurs ckjko dms
eyk[krhl kBh miflFkr gks rfs R; k; kahl tyl k[kjreGs
xkokr >kysy dk; ki kyV vlf. k ; 'kps o. k; dsys vkt

jkT; Hkkrm vuod ykd ukxjokMh; k ikg.kh kBh o
vH; kI n; kI kBh ; s kr- ukxjokMh xkokp vkn'kz ?k
'kshy xkogh tyl k; kI kBh isj >kyh vkgs-
ckjko dms fnys; k ekgrud kj ikp o"kr
xkoifl jkr gtjks >Mkph ykxom >kyh- er vksg]
ukys thoir >kys vkgs 1014 gDVj {k-QGkoj gk
idYi jkfoyk ik.kyV/eGs 'krhyk ik.kh feGkys
'krh n; kj ihd ?k k 'kD; >kys xkokrhy ifMd tfeu
ykxomh[ky vkyh- 'krhps mkrnu ok-y} tukojk
pkj feGky; keGs nMG tukojkph I ; k ok-yh o
n; k; ol k; kr ok >kyh- loz fofghak Hkij ik.kh
vkgs fodkl P; k f>jik fl) kark. k ik.kyV/
dk; DkP; ykH 'kr tfeu /kj dke; j; p vYi HkMkj d]
HkfeGu 'kr etj o fl=; k ; k I ok >ky- xkokrhy
i R; dky dV; pkyfo.; kI kBh i k feGkyk o xkokrm
gskj Lfkyarj Fkys 'krhl kBh etj kph ekx.kh ok-yh
R; keGs vkt xkokrp jstxkj feGm ykxyk vkgs
ik.kyV/ dk; DkP; efgykah jstxkj o Ieku oru
feGkys gks ik.kyV/P; k dkekrm feGkysy i k
efgyk cpr xV/e/; s xfoyk- R; krm R; k vlfkz
0; ogkj dj; yk f'kdY; k- xkokrhy efgyk vki y
vutko I krkuk Eg. krkr dh] ^ik.kyV/eGs xkokr
ik.khgh vkys vlf. k i k gh vky] vkt vEgkyk
ik.kyV/eGs ik.; P; k =k i k i l m I vdk >kyh] vkjkegh
HkVky] vlf. k oGgh okpyk- i . k vkrk vkeP; k oGpk
o Jekpk vk.k [k plxyk mi ; k d l k djrk ; b; ; kps
vEgkyk Klu ukgh- vkeP; kdMs Je vkgs i . k i k vlf. k
Klu ukgh- efgykah Lo&fodkl kI kBh dkghrjh dj.; kph
bPNk vkgs R; k; k f'kd; yk feGkys ukgh ; kph [kr
okVrs i . k R; k vki Y; k eghak f'k{k. kI kBh i k l kgu nr
vkgs- ik.kyV/eGs efgyhe/; s vkrfo'okl o
fodkl kph tk.kho fuelk >kyh vkgs efgykh ik.kh gh
i k f k d x j t i w k z >kyh vkgs R; keGs vkrk R; k R; k; k
fu. k; d xjt k d Ms oGr vkgs- ij s o LoPN ik.kh
feGky; keGs dkepk rk.k deh >ky] ik.; kph HkVdarh
Fkayh jstxkj feGky] R; k; k thoukyk , d fn'k
feGkyh vkgs

efgyk; k l engkus fi .; k; k ik. kh ij oBkph ; kstuk gkrh
?kryh ghr- cprxVkdMs ; k ; kstuph n[kj]k dj. ; kps
dke l ki oys xsys foghj [k. k] ek/kjia clo. k] oht
ij oBk ikbā ykōz] ik. kh l kBo. k Vkdh] varxZ ikbā v'kk
fofo/k dkekl k Bh dtz feGkys efgyk cprxVka h i ekdj
?kAu gh ; kstuk l q dsh- fo'k sk ckc Eg. kts
efgyk dMm gh ; kstuk pkyfo. ; kr ; s vkg s iR; d
?kj dMm 15 : nj efguk n[kj]k [kpZ ?s ; kps Bifoy s

xokr vktgh 'kk' ukP; k ; kstuk ikjpr ukgh- xokr
vtugh 'kk'ky; s dkysh ukgh- ik. kyk/ {s- dk; Dē
jicfoys; k xokr 'kk'ky; ckk. ks vR; ko'; d vl rs
dkj. k m?MkkojP; k 'kk'keGs Hkj qBHKkxkojps ik. kh nfk'kr
gks vfk. k vkjkk; /kD; kr ; s s xokrhy efgyk
; kckr l dlp 0; Dr djrkr- xokrhy efgyk
f'k'k. kl k Bh toG vl y; k ekGkdGh xokrhy 'kk'G
tkos ykrs R; keGs eyhps f'k'k. krhy xGrhps iek. k
vf/kd vkg s

ukxnjoMhy ik. kyk/ {s- fodkl dk; DēP; k ykHps eW; ekiu &

vkt xkodū; kah ykd l ghkxkrm xokps fp= cnyu
Vkdys vkg s ik. kyk/ {s- fodkl dk; Dēkus dōG
ik. kh vpkōzj ekr dsh ukgh rj , dkrRed xteh. k
fodkl koj Hkj fnyk vkg s vkt efgyk vki. k dsh; k
dkepk vfkku ok'rls 'kk' or fodkl kl k Bh
i; kōj. kh;] l kftd o vfkfkd cny ?Mm vk. k. ls
vko'; d vl rs R; kl k Bh gk dk; Dē , d i kko h ek'; e
Eg. km okijys xsys i. k ikjākj d LrjhdR l ektjpuk o
l ektkrhy tkrh] fyakoj vfkfjr fo'kerk i wā. ks u'V
dj. ; kph višk ; k dk; DēkdMm djrk ; skj ukgh-
'Problems remain regarding equity, by their
nature, areas, development programmes offer
benefits to landowners, with landless people
benefiting indirectly, either through
peripheral programme activities or trickle
down effects. In fact, watershed projects can
actually make women and landless people
worse off by restricting their access to

resources that contribute to their
livelihoods.' (Kerr, J. et al. 2002: X) fl=; k
vkiY; k {kerk fl) dj. ; kps , d 0; kl iB feGkys
ftFs efgyk d; Dē ; 'kLoh d: u nk [kfoyk
R; kpcjksj vkiY; k 'kjjfd] cks) d {kerkps n'kū
?Mfoys ik. kyk/ {s- fodkl dk; Dēkrū i; kōj. kh;
fodkl l kkrk vkyk ijarw fl=; k; k l kftd] vfkfkd
fodkl kl k Bh gk dk; Dē vijik iMrls 'Gender
perspective within watershed projects could
be viewed as providing a platform for gender
mainstreaming rather than bringing gender
equality at the center stage.' (Shah, A. et al.
2007: 23) tyl k k. k dk; Dēkus fl=; k; k {kerkpk
ijij mi; k d: u ?kryk- ik. kyk/ dk; Dē gk
tfeuhj vfkfjr vl ykōeGs l kftd e; ykHkz
gs 'krekyd o tfeu/kjdp gks 'Traditionally
only men can own the land and hold water
rights.' (Rao, B. 1999: 62) Eg. ktp ok-y; k ik. kh
l kōeGs i q 'kk' k 'kshps mRiknu ok-y s xokr
i l kfir ykōk fofgh iMY; k o Lor?; k 'kshyk
Qk; nk d: u ?kryk- u; k; k : ikr gskjs mRiknu gs
i l kfir i q 'kk' k gkrkr i Mys fl=; k o Hkieg hu
'kretjkk ; kr dsh vfkfkd ykHk >kyk ukgh-
dk; Dēkarj fl=; k i q 'kk' k rgyus deh ykHk >kyk-
dk; Dēkus efgyk l eku l ghkx] l eku osukph
'kk' orh fnyh ijarw feG. kō; k ykHkr ek= l eku
ok'kph 'kk' orh fnyh ukgh- fl=; kah i q 'kk' k cjksjhus
dk; Dēkl k Bh vkiyh Åtq oG fnyk i. k R; k
i q 'kk' k [ks nh?kzkyhu ykHk feGkys ukgh- vkt
ok-y; k ik. ; kpk okij gk , d egRokpk emak cuyk
vkg s ik. kyk/ {s- fodkl kpk Qk; nk QDr
ukxnjoMhykp ukgh rj jeusMh] gMkGh ; k 'k'kfjy
xokkns] khy >kyk vkg s ik. kh okij o Hkty milk
; koj dkskpg fu; k k jkfgys ukgh R; keGs ik. kyk/ {s-
fodkl keGs ok-y; k uš fxkd l k'ul āRrhps vl eku
ok'v i o vl eku ykHk gkr vkg s- xokP; k 'kk' or
fodkl kps e; mfn'V Eg. ktp l kftd o vfkfkd
'kk' ork vl k; >ky; kl kj [kh ok'rs idYikus i; kōj. kh;

fodkl l kkyk vkgv i j r w x k o k r h y f l = i q " k f o ' l e r k d e h
> k y h u k g h

I j l k l a k

x k o d l ; k a h l k e f g d f j R ; k x k o k r h y i k . k h i z u k o j r i k l x k
d k < y k v k g s e f g y k a h y k d l g h k o x k r u t y l a k j . k d : u
i ; k b j . k k y k i q z t f o r d s y s v k f . k x k o k y k u s f x z l
l a l u r k i t r d : u f n y h - i . k o k < y y ; k i k . ; k o j R ; k a k
g D d f e G k y s u k f g r - o k < y y ; k i k . ; k p k ' k r e k y d o
t f e u / k j d i q " k a h i j i j o k i j d : u ? k r y k - o k < y y ; k
i k . ; k p ; k o k i j k o j f u c a k y k n . ; k p h o i k . ; k p s t r u o
l o / k u d j . ; k l k B h d l g h l k e l f t d e k i n M c u f o . ; k p h
x j t v k g s v k f . k o s f D r d i k r G h o j g h i k . ; k p s e g R o
t k . k . ; k p h x j t v k g s t y l a k j . k d k ; D e k p k i l k j o
i p k j d j . k s x j t p s v k g s i k . k h o k i j o H k t y m i l k
; k o j f u ; a . k v k . k w k o k < y y ; k u s f x z l l k / k u l a R r h p s
l e k u o k v i o l e k u y k h k d l s g l e r h y ; k p k f o p k j
d j k o k y k s y - i k . k h t h o u e k u m p k o . ; k l k B h Q k ; n s k h j
v k g s i j r w R ; k g h i s k e g R o k p s E g . k t j i k . k h g s t h o u

I a h k k i k I p h &

1. v k i V j e - 2012] ; k y k t h o u , s s u k o] i k . ; k p h l k n ; k r d g k . k h] i q l s j k t g d i z k ' k u -
2. n n G x l o d j] v - 2012] f o ' o k p s v k r] e p b] y k d o k M e ; x g -
3. / k j k ' k o d j] e - 2013] i k . k h % m n ; k p h f n ' k k f p a r u o ; ' k o x k f k d g t y f o p k j] i q l s e u l f o d k l
i z k ' k u -
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t x . ; k l k B h v f u o k ; Z v k g s R ; k e f s d l s k p ; k t x . ; k p k
i k . ; k p k g D d u k d k : u b r j d l s k p ; k t h o u e k u
m p k o . ; k u ; k j m R i k n u o k < f o . k u ; k x j t k l k B h i k . k h o k i j
d j . ; k o j f u c a k y k n . k s x j t p s v k g s E g . k t p i R ; d
e k u o k p h i k f k e d t x . ; k l k B h p h x j t i w l z > k y ; k u a r j p
t h o u e k u m p k o . k l k B h v k o ' ; d v l y y ; k i k . ; k p ; k
x j t k t l s d h j m | k o x] m R i k n u o k < h l k B h p ; k b r j
x j t k l M s y { k f n y s i k f g t s ; k d k ; D e k p k e f ; g r w
i ; k b j . k l j { k . k g k t j h l k ; > k y k v l y k r j h ; k
d k ; D e k ; k e k ; k e k r u L F M f u d o f p a r l e m k ; k a k l c G
d j . ; k r ; ' k v k y s u k g h - i k . k y k l { k s f o d k l
d k ; D e k r h y e f g y l a ; k l g h k o x k u s x k o k y k d k ; D e
; ' k l o h d j . ; k r e n r > k y h - u l x n j o k M h r h y f l = ' k f D r u s
i k . k y k l { k s f o d k l d k ; D e k r a i x k o k p k i ; k b j . k h ;
f o d k l l k k y k - v k r k x k o p ; k ' k ' o r f o d k l k p s e f ;
m f n n - V E g . k t p i ; k b j . k h ; ' k ' o r s j k s j p l k e l f t d o
v k f k d ' k ' o r k l k ; d j . ; k p g h d k e i w l z d j k o s
y k s y -

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