

**Japa**

**(Chanting of the Divine Name)**

**Dr Sushil Kumar Mishra**

*Associate Professor & Former- Head, Department of English, SRM University, Sonapat, (Haryana) India*

*One God is known by different names*

*And different faiths.*

*Every community has his own way of serving God*

*And pleasing Almighty Lord.*

*Form is different*

*Faith is different*

The chanting of the God's name serves us as a true friend

By imparting positive thinking and positive mind.

Makes life meaningful

And successful.

Annihilates negativity

Creates positivity.

Protects from danger

Removes greed, fear, lust and anger.

Carries away the dark cloud of the evil passion

Inspires to follow the moral values and moral lesson.

Chanting of God's name saves one from psychological disorder

Motivates towards ethical order.

Provides self-respect and moral strength

To live a successful human life at length.

To maintain upright conduct

And to Ignore misconduct.

By chanting his name one can overcome animal passion

Directs oneself towards spiritual lesson.

Remain calm and quiet without tension

Move forward towards soul's suggestion.