

TEMPERANCE

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Temperance is one of the highest human virtues
Which everyone should follow and pursue.

It is essential for all round development
Physical development as well as spiritual development.

Key to sound mind and sound health
And a great resource to wealth.

Increases longevity
Creativity and activity.

Directs towards positivity
And prevents from negativity.

Makes human life successful
Inspiring and beautiful.

It is a great gift of God
And is gifted by Supreme Lord.

Glory to the God for presenting this gift to human beings
Which is rare for animals and other beings.