

Self Discipline

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Self- discipline is key to success
Leads to get victory over unsuccess.

Makes life meaningful
And personality beautiful.

Preaches to control mind
Without becoming blind.

To follow conscience,
Proper rules of wisdom and Science.

It directs to rein the desire,
Not to become slave to desire.

Motivates to take proper diet
Which helps to reach great height.

Indicates to win over the five senses
And avoiding non-senses.

Suggests for health
Which is real wealth.

Hints for proper breathing

To tone up healthy living.

Suggests for proper exercise,
To get sound health, sound mind and to be wise.

Broadens the mental faculties and the spiritual capacities,
Enriches energy and potentialities.

Teaches unimpeachable manner and upright conduct
Prevents from doing misconduct.

Self- discipline makes a man great and sublime
Helps him to reach his mission and carrier prime.