

Depressed Girl

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Her eyes lack the previous brightness
her heart misses the past happiness.
She is happily facing the emptiness
for she knows the perfect meaning of dullness.

Yes, she has waged a war
for her life becomes impossible to bear.
Drowning in the bottomless pit of depression
she is praying for her liberation.

She finds herself every moment in hell
for her emotions now fail.
She is enduring it day by day
and her past memories would not go away.

She is going to be blue
after her failure of getting any clue.
Girl for you is this condition new?
Remember there is one to take care of you.

Every night she has a nightmare
Depression comes to give her fear.
She is taking now never ending pain
for only to accept and nothing to gain.

Her mind becomes a scary place
She is unable to accept her failure in the race.
Depression hampers her normal day's function
and she fails to prepare for the final action.

She is thinking a thousand ways to die
for her life becomes a lie.
She is making herself a fool
as depression binds her within rule.

Oh Lady! You are in great depression
Be careful. Don't take any wrong decision.
Some evils try to take this advantage
for putting you in a cage.

She is now tired of crying
unable to stand she is only lying.
She is dreaming of liberation
keeping in mind her isolation.

She wishes to find a way
but depression leaves her nothing to say.
Will meditation help her to sway?
No, only God can show her way.